CAFES, COVID & CUPS FROM RESPONSIBLE CAFES

Reusable cups have taken a back seat during COVID-19 due to health concerns. It has been a difficult time but please know that "There's no proven benefit to using disposable cups over reusables cups."

Sanjaya Senanayake, Associate Professor of Medicine at ANU

We have put together this simple guide to help you chat with your fave cafe or barista in a friendly way and choose to reuse... if you can!

**Keep it clean people**

No one likes a dirty cup! Make sure it is sparkling clean before handing over.

**Contactless pour**

Ask your barista if they could pour straight into your BYO cup - a pawless contact!

**Drink in then pour in**

Order a drink-in coffee then pour this into your own cup. Take care not to burn yourself.

**Go topless - ask for no lid**

If your local cafe won't accept your reusable, ask for no lid and go topless!

For more ways to support your favourite Responsible Cafes visit: www.responsiblecafes.org

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